**Overview**

Abstracts are invited for posters for display at the 12th East Midlands Critical Care and Perioperative Medicine Conference, to be held on 13th and 14th October 2025 at the Crowne Plaza Hotel in Nottingham. Abstracts should describe work performed which relates to critical care or perioperative medicine.

The closing date for abstract submission is Friday 5th September 2025.

If selected, you will be asked to produce a poster for the meeting, which will be held in hybrid format. The final decision on posters rests with the judging panel and candidates will be notified by Monday 15th September 2025. If you have been selected to produce a poster you will not be required to attend the meeting however if you would like to attend, the lead author will be given free delegate registration for both days.

The judges will then further select up to 5 candidates to give an oral presentation in person at the meeting. Those who have been selected to present orally will be given free delegate registration for both days.

**Eligibility**

The competition is open to medical students, foundation doctors, anaesthetists and intensivists in training, SAS doctors and ACPs in critical care.

**Prizes**

* 1st prize: £500
* 2nd prize £250
* 3rd Prize £125

All who are invited to produce a poster will receive a certificate

**How to enter**

* Submit a copy of your abstract, as an attachment to abstracts@midlandsmedicalconferences.org along with a signed copy of the form on page 2
* Please ensure you follow the abstract preparation guidelines on page 3, as failure to do so could result in your entry being disqualified from the competition.

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (print name) certify that the research submitted has not not been previously presented at a major meeting or published.

I confirm that all the authors listed support the submission of this abstract to the the East Midlands Critical Care and Perioperative Medicine Conference

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Note: signatures/electronic signatures are preferred; however typed names in the signature field will be accepted as certification of this statement.

**What happens next?**

* **The closing date for entries will be midnight on the 5th September 2025**
* A panel of judges will assess every abstract that is submitted. Authors will be notified by the 15th September if they have been invited to display their poster at the Conference
* The highest scoring authors will be invited to give an oral presentation of their work at the conference
* Please follow the abstract and poster preparation guidelines below, failure to follow the guidelines could result in disqualification from the competition

**Key information**

* Please note that only one author will be invited to present, though it is understood that other individuals may have contributed towards the poster content. Additional authors will be recognised on the certificate of poster acceptance.
* Previously published work or work that has already been presented at a national meeting will not be considered for presentation. Work that has been presented at hospital, school, or regional meetings will be considered

**Abstract Preparation Guidelines**

All abstracts submitted must follow these guidelines:-

**Abstract format**

* Single A4 sheet
* Plain text, rich text or Microsoft Word
* 12 point font
* Times New Roman font
* 2.5cm margins
* Single line spacing
* A blank line separating paragraphs
* One table or figure is permitted, these should be incorporated into the document and the text should be reduced accordingly to accommodate these within the A4 page allowance

 *Note: Images/figures may be embedded within MS Word documents or may be sent separately as .jpg or .gif files*

**Abstracts must include**

* Abstract title
* All authors’ initials, last names and place where work was carried out
* The text of the abstract should not contain headings, but should follow a general progression through background, methods, results and conclusion
* If a figure or picture or table is used; caption (same font guidelines as above apply)
* A maximum of 5 References; listed and cited as specified by the British Journal of Anaesthesia (see page 4 for details)
* Acknowledgement of sources of funding
* The following statement (if applicable and true): “This study received ethics committee approval or was conducted under the Animal (Scientific Procedures) Act (1986) (include licence numbers) or equivalent.”

**Poster Preparation Guidelines**

Authors selected to display a poster at the event must present their work in greater detail than in the abstract and should not simply reproduce the text contained in the abstract. There is no limit on figures/pictures/tables in the poster. Posters should be submitted in PDF format to be displayed as A0 size, portrait orientation. Please note 24pt font is suggested as the smallest font size for posters to be readable at a distance of 1-2m.

**Posters must include**

* References; listed and cited as specified by the British Journal of Anaesthesia
* A caption if a figure or picture or table is used
* Acknowledgement of sources of funding
* The following statement (if applicable and true): “This study received ethics committee approval or was conducted under the Animal (Scientific Procedures) Act (1986) (include licence numbers) or equivalent.”
* A content structure that progresses through: title, authors, institution, methods, results, conclusion, acknowledgements and references

**Reference Guidelines**

* References should be cited using the format adopted by the British Journal of Anaesthesia and abbreviated according to the List of Title Word Abbreviations
* References should be numbered sequentially at their first citation
* Citations should usually be placed at the end of the sentence and in superscript after the full stop. Use 'and colleagues' rather than 'et al.' in the in-text citations
* Style: Surname, initial separated by commas. No 'and' before last authors name. The names and initials of more than six authors should be abbreviated to three authors followed by 'et al.
* Reference in a Journal: Journal title should be in italics and abbreviated, volume number in bold, only give the change in the last page number and no full stop at the end of the reference:
	+ 1. Brown AB, White SJ, Green BG. Efficacy of acupuncture in septic shock. *Br J Anaesth* 2000; **99**: 223-7
* Chapter in a book or monograph. Italicise title:
	+ 1. Anaesthetist A.N. The safe use of volatile anaesthetics in space craft. In: Blogg F, Doe J, eds. *Anaesthesia in Space*. London: Medical Press Ltd, 2000; 155-79
* Report:
	+ 1. Royal College of Anaesthetists and Royal College of Radiologists. Sedation and Anaesthesia in Radiology. Report of a joint working party, London, 1992
* Electronic source (web site/web page):
	+ 1. Department of Health. Monthly Creutzfeldt-Jakob disease statistics 2002/0341 2002. Available from http://www.doh.gov.uk/cjd/stats/aug02.htm (accessed 14 June 2014)